



Springfield Middle School
Robertson County Innovation Academy



715 5th Avenue West ♦ Springfield, TN 37172 ♦ Phone (615) 384-4821
Dr. Grant Bell, Principal ♦ Ms. Amanda Mounts, Asst. Principal ♦ Mr. Patrick Carneal, Asst. Principal

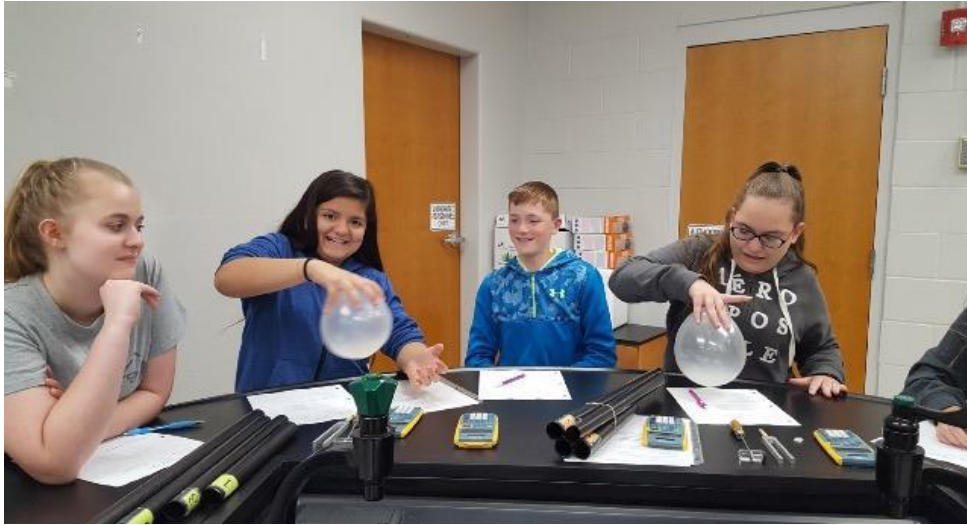
“We are EPIC!”

The Jacket's Buzz

November 5, 2018

“Providing a well-lit path in the pursuit of purpose and happiness.”

“Every single day, we will strive to ensure that everyone is safe and respected; and that ALL scholars are responsible for working to master ALL standards.”



“I have no special talent. I am only passionately curious.”

Albert Einstein

Monday:	Basketball @ Jo Byrns 4:30 Wrestling vs Cheatham Co/Sycamore 5:00
Tuesday:	Election Day- No School Basketball vs Richview 4:30
Wednesday:	Wonderful Wednesday
Thursday:	Drama Club Costume Trip 4H Meeting 7:30 AM Basketball @ WH Heritage 4:30 Wrestling vs Harpeth/Richview 5:00
Friday:	Vol State Campus Visit- 7 th grade

Bus Duty:

Monday
Language Arts

Tuesday
Related Arts

Wednesday
Math

Thursday
Social Studies

Friday
Science



Yellow Jacket Basketball



The Yellow Jackets and Lady Jackets played in the Clarksville Jamboree last week. League play begins this week.







Yellow Jacket Wrestling



The Yellow Jacket “Bruise Brothers” travelled to Dickson to compete in matches against Charlotte and Dickson. The Yellow Jackets split the matches, defeating Charlotte. More wrestling this week! Good luck gentlemen!



Thank you to our 2018 SMS Wrestling Sponsors!



Ronnie and Caroline Carter
Coach Jason Warden
Daniels, Irwin, & Ayler, CPA

<u>Wrestler</u>	<u>Class</u>
Harrell, Stephen	76
Reeves, Connor	76
Sanginez, Ali	83
O'Neil, Preston	83
Schild, Colton	91
Hollingsworth, Kelton	99
Smith, Kenyon	99
Reynolds, Hayden	99
Hawkins, Clayton	106
Betts, Parker	106
Mackenzie, Kaleb	113
Patterson, Jay	113
Ayers, Gary	119
Openheimer, Tommy	125
Finch, Jabin	125
Goodwin, Lee	125
Hilliard, Sawyer	131
McClellan, Connor	141
Gregory, Mac	151
Wells, Tyler	151
Milteer, Taylor	165
Randolph, John	165
Dickerson, Anson	165
Boyce, Blake	185
Eden, Kurtis	250

Proud momma moment!!!

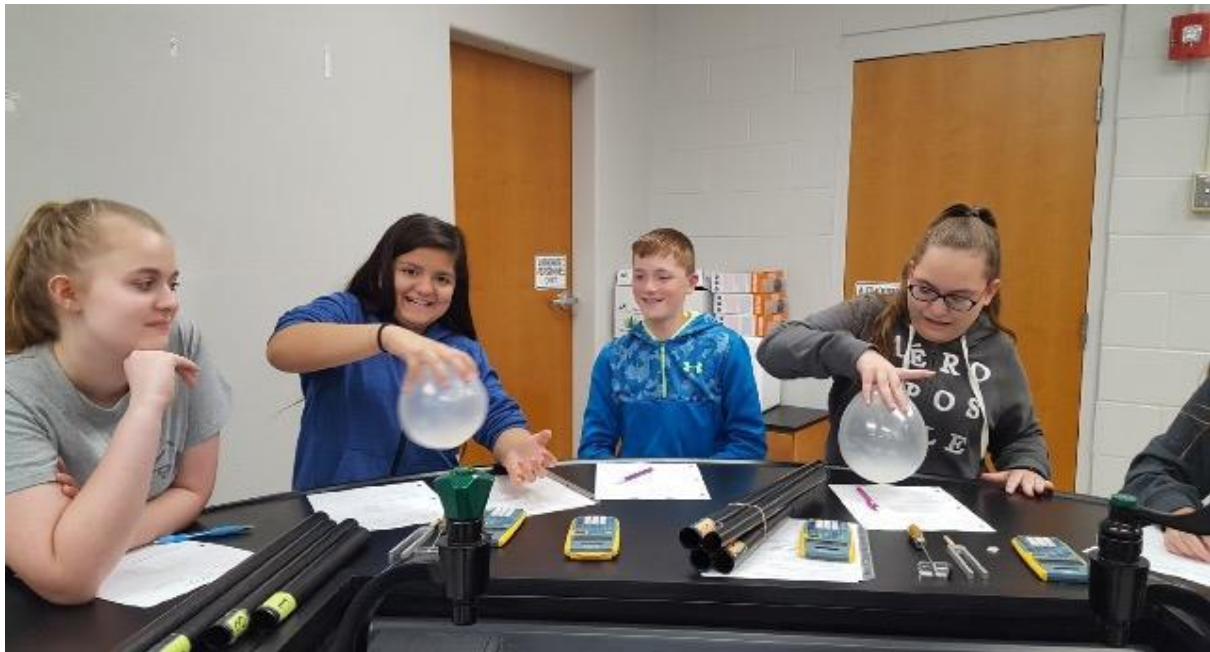


Ms. Kathie's son Joseph won Silver (2nd) in State Special Olympics Bowling for individuals. And Bronze (3rd) in State Special Olympics Bowling Doubles.

STEAM

SCIENCE | TECHNOLOGY | ENGINEERING | ARTS | MATHEMATICS

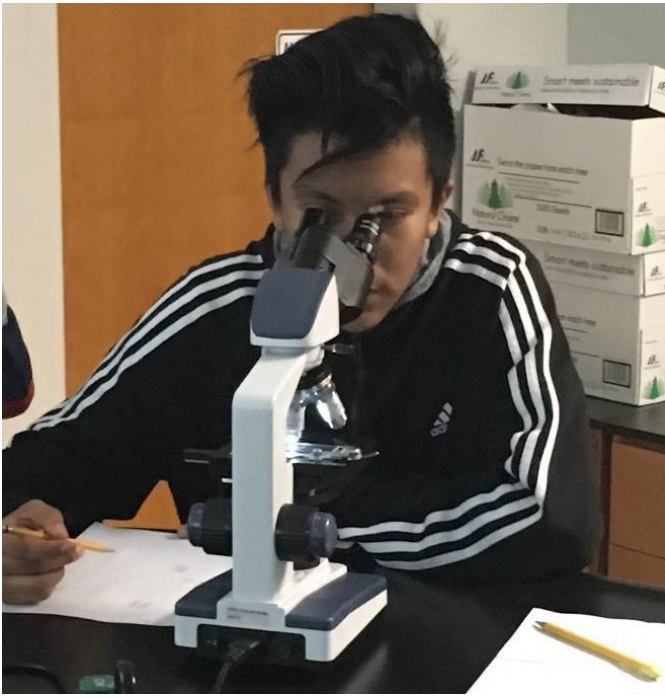
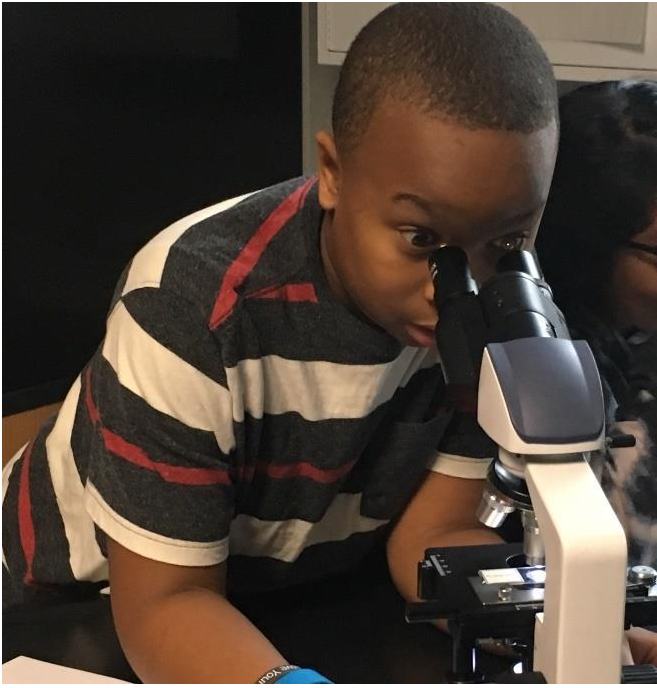
Sound and Resonance Lab



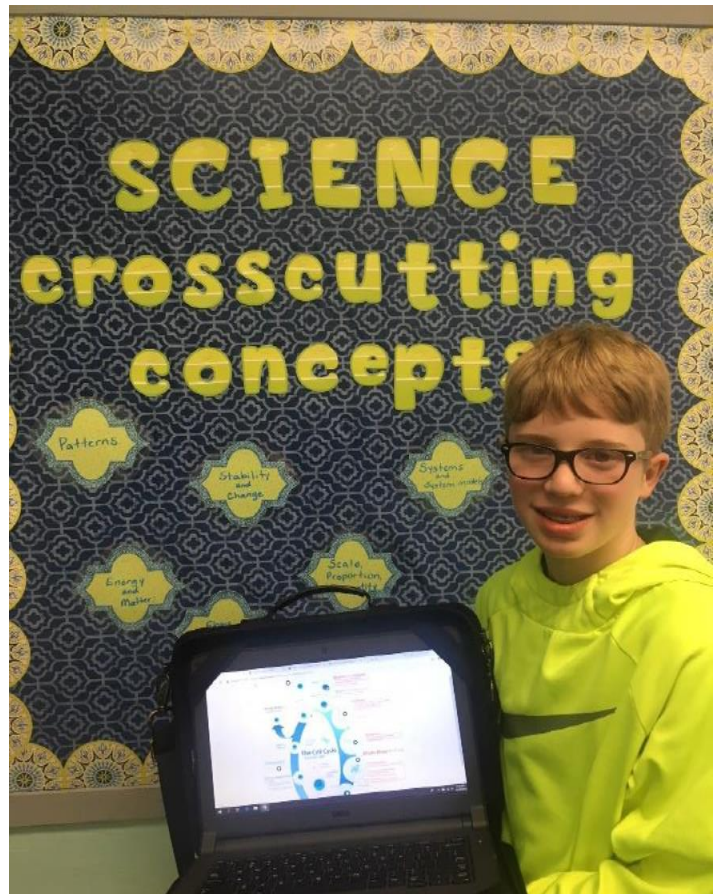
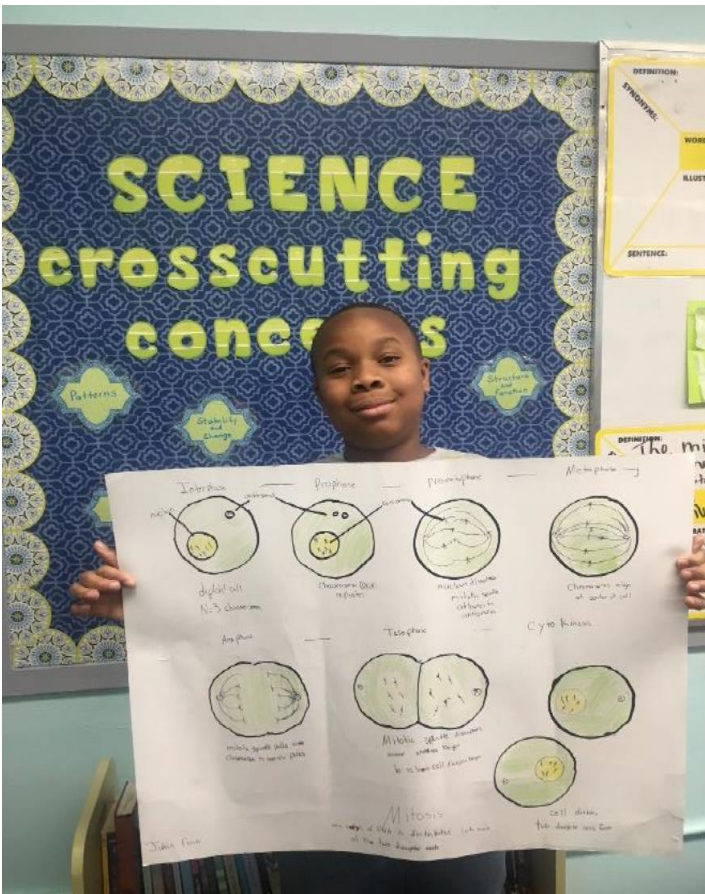
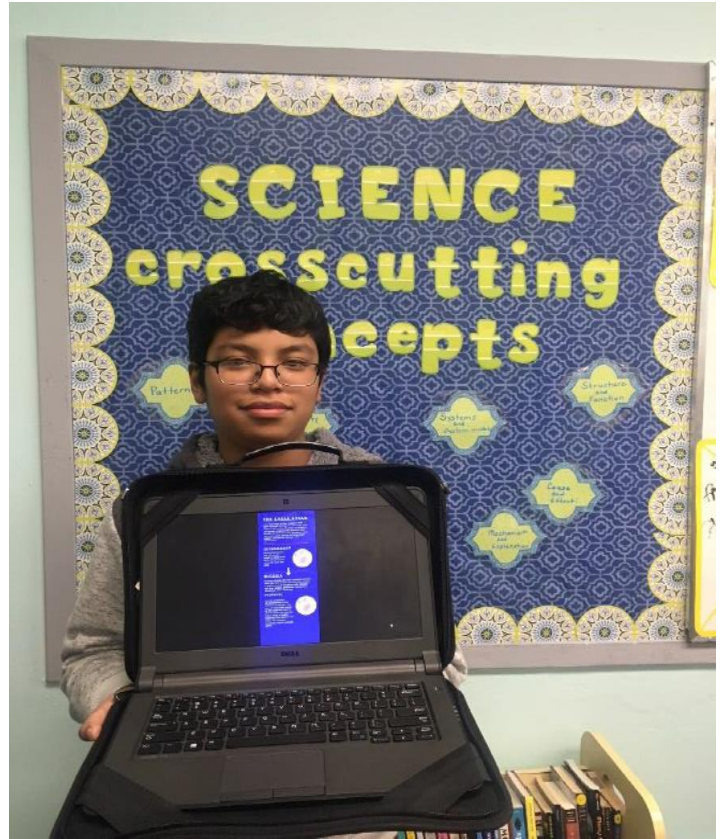
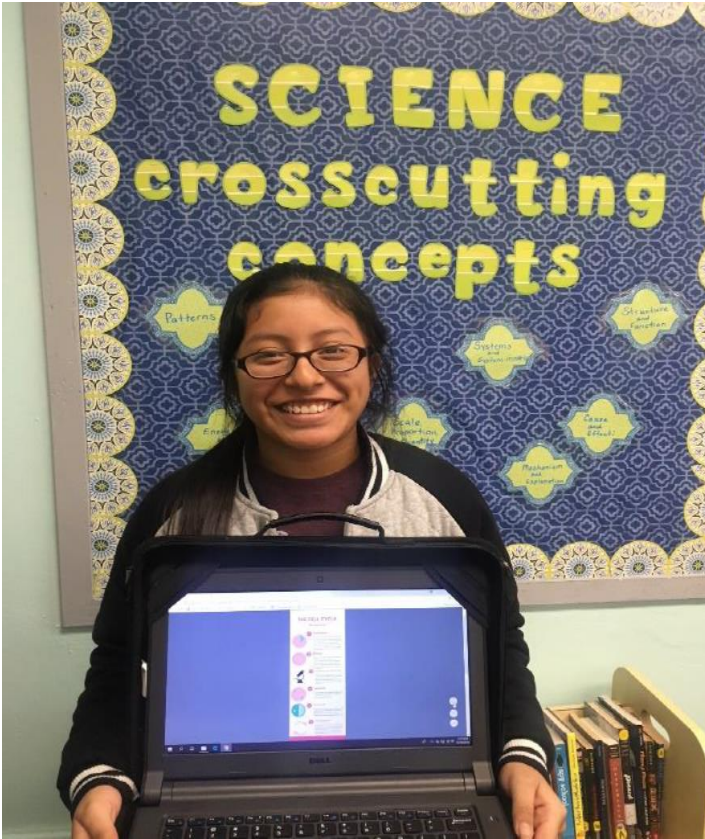


Microscope Lab





7th Grade Cell Cycle Projects



Staff Member of the Week



Name : Anna M. Merchant Grade :6th, 7th, 8th Subject: Comprehensive Development Class

Hometown: Crystal Springs, Florida

Family: Married to Daniel for 22 years. Have 5 children, James 19 at APSU, Margaret 16 at JBHS, Andrew 15 SHS, Caleb 3, Hayden under 1 year.

Education:

Bachelor's degree in Special Education, Master's Degree in Education.

How did your career lead you to Springfield Middle School?

Dr. Morris called me to start up the Extended Resource Class in 2008.

What do you love about our school and children? That all children get a chance, many more than once.

What is the most challenging aspect of your responsibilities?

Keeping up with all the paper work that needs done.

Personal Philosophy of Education:

Can't means you don't want to.

Why fit in when you were born to stand out!



PARENTS CORNER

What To Do When Your Child is Cyberbullied

Top Ten Tips for Parents

Sameer Hinduja, Ph.D. and Justin W. Patchin, Ph.D.



Finding out that your child is being cyberbullied is painful. Here's what to do:

1. MAKE SURE YOUR CHILD IS (AND FEELS) SAFE. The safety and well-being of your child should always be the foremost priority. Convey unconditional support. Parents must demonstrate to their children through words and actions that they both desire the same end result: stopping the cyberbullying.



2. TALK WITH AND LISTEN TO YOUR CHILD. Engage your child in conversation about what is going on in a calm manner. Refrain from freaking out. Take the time to learn exactly what happened, and the nuanced context in which it occurred. Also, don't minimize the situation or make excuses for the aggressor.

3. COLLECT EVIDENCE. Print out or make screenshots or recordings of conversations, messages, pictures, videos, and any other items which can serve as clear proof that your child is being cyberbullied. Keep a record of any and all incidents to assist in the investigative process. Also, keep notes on relevant details like location, frequency, severity of harm, third-party involvement or witnesses, and the backstory.

4. WORK WITH THE SCHOOL. All schools in the U.S. have a bullying policy, and most cover cyberbullying. Seek the help of administrators if the target and aggressor go to the same school. Your child has the right to feel safe at school, and educators are responsible to ensure this through an investigation and appropriate response.



5. REFRAIN FROM CONTACTING THE PARENTS OF THE ONE DOING THE BULLYING. Some parents confronted with accusations that their child is engaging in cyberbullying may become defensive and therefore may not be receptive to your thoughts. Be judicious in your approach to avoid additional drama and possible retaliation.

6. CONTACT THE CONTENT PROVIDER. Cyberbullying violates the Terms of Service of all legitimate service providers (websites, apps, gaming networks, Internet or cell phone companies). Regardless of whether your child can identify who is harassing them, contact the relevant provider. An updated list of contact information can be found here: cyberbullying.org/report.

7. IF NECESSARY, SEEK COUNSELING. Your child may benefit from speaking with a mental health professional. Children may prefer to dialogue with a third party who may be perceived as more objective.

8. IF THE BULLYING IS BASED ON RACE, SEX, OR DISABILITY, CONTACT THE OFFICE OF CIVIL RIGHTS. The U.S. Department of Education takes these cases very seriously if children are limited or restricted in their ability to learn and thrive at school because of discrimination.

9. CONTACT THE POLICE WHEN PHYSICAL THREATS ARE INVOLVED. Most states have laws related to online threats, and law enforcement can assist in these cases either informally or formally. If your local department is not helpful, contact county or state law enforcement officials, as they often have more resources and expertise in technology-related offenses.



10. IMPLEMENT MEASURES TO PREVENT IT FROM REOCCURRING. If your child is being bullied through social media (YouTube, Instagram, Snapchat, Twitter, etc.), set up privacy controls within each platform to block the person doing the bullying from contacting them, and file a report (see #6). Also encourage them to keep talking to you before small issues flare up into major situations.



Lagniappe

The Top 4 Ways to Foster Grit in the Classroom

Growth Mindset · Social Emotional Learning

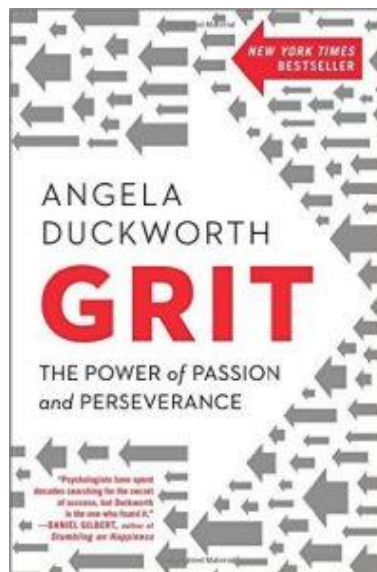


Are you working on growth mindset with your students? If so, you are probably also looking for ways to **foster grit in the classroom**. You want

your students to take risks, power through challenging tasks, and understand how to navigate frustration without giving up.

What is GRIT?

Grit is a term used to describe a child's resilience, determination, and perseverance when faced with difficult tasks. Grit is not determined by intelligence or talent, but is rather a commitment to persevere in the face of failure or struggle. Research shows that the impact of grit on student performance can be more important than a student's intelligence. In a nutshell, grit involves the effort that students display and the process by which they successfully overcome challenges. If you'd like more information about grit, *The Power of Passion and Perseverance* by Angela Duckworth, is an enlightening and informative read.



4 Ways to Foster Grit in the Classroom

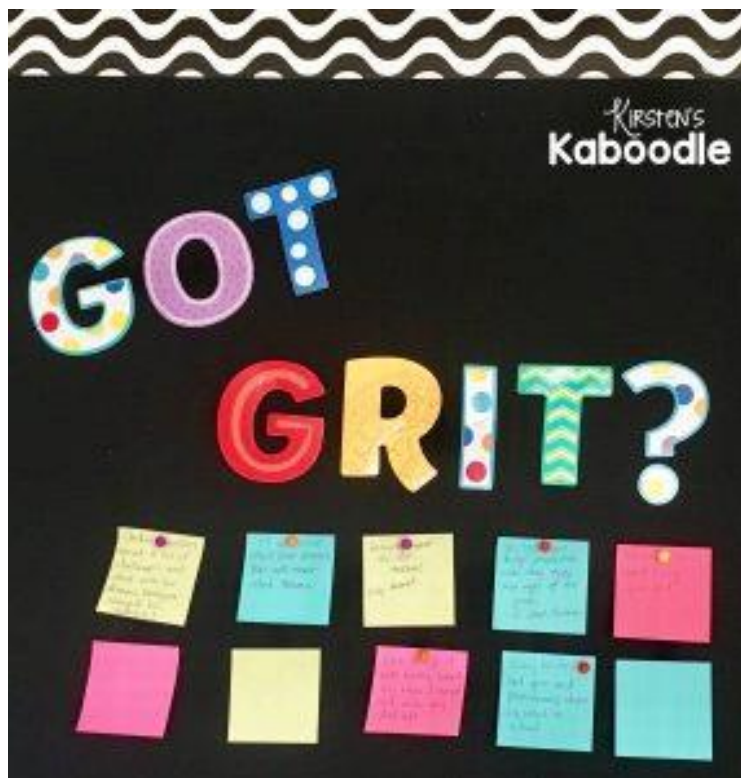
1. Teachable Moments

If you've been teaching for more than 10 minutes, you've likely taught some tricky content that requires multiple explanations. As you scan the room, you see their frustration. Your students are desperately trying to hang on, but it looks as though a few students are ready to let go of the rope. The light in their eyes gets dim and may even turn off completely. Their frustration tolerance gets surpassed and it's an uphill battle to regain their attention.

Use these moments to your advantage. **Make an example of the present situation.** Stop the lesson completely and forge a new path. For impact, I might even stop the lesson mid-sentence and write the word "GRIT" on the board. Their confusion will now be a result of the surprise halt in the lesson in lieu of the difficult content you were teaching. **BAM! Now you have their attention!** Follow up by asking students what they know about grit. How is grit related to growth mindset? What does it look like? How does it feel? What does it sound like? At the conclusion of this discussion, students will be more willing to give the lesson another shot. Remember that grit is not about completing the task successfully, but rather embracing the process without giving up.

2. Create a GRIT BOARD

Exhibitions of grit are all around us. Identifying and labeling examples of grit in literature, world events, and real life situations will serve to establish working models that students can use to compare themselves. Create a wall or bulletin board where students can jot down those examples and post them. Sticky notes or index cards should be readily accessible for students to pin on the board. Don't forget to allow them to use examples from their own family, friends, or classmates. **Identifying, discussing, and labeling examples of grit in the real world can surely serve as a powerful strategy for modeling this concept for students.**



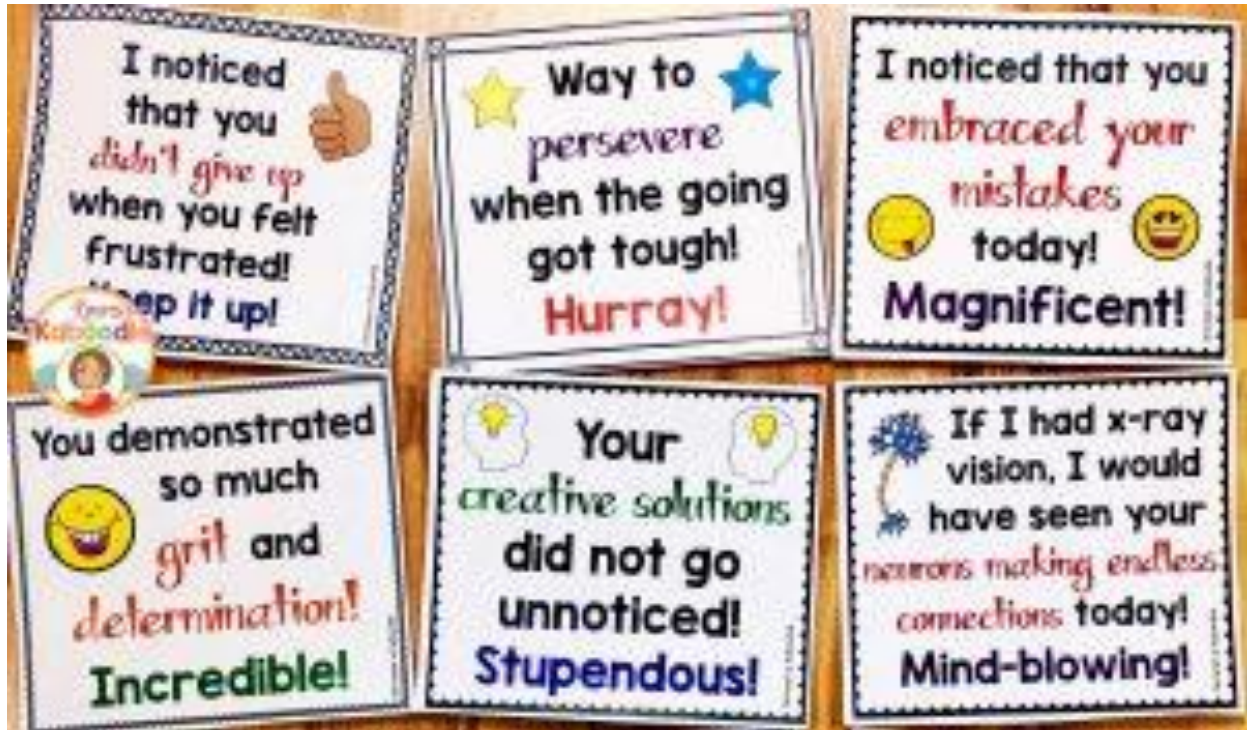
3. Induce Purposeful Frustration

This might sound like student torture, but it's really not. This method provides an effective way for teachers to help students understand grit. If you locate an activity that matches the interests of your students, it can also be really engaging and fun.

Frustration inducing activities might include brain teasers, riddles, mind benders, or logic puzzles. In most cases, these tasks provide complexity, critical analyses, and problem-solving. It is important to help students see that **the end result is not as important as the process by which they tackle the challenge**. Rewarding and encouraging students for their efforts in lieu of the end result is key.

During these types of activities, be aware of how you encourage students ([this post](#) provides more information). Some well-intentioned compliments designed to reinforce students may actually hinder their confidence. For example, “you are so smart” or “you have so much talent” can serve to promote a fixed mindset. These types of comments may inhibit the likelihood that students will take risks to solve problems in the future. On the other hand, “you are working so hard” or “even though this is really difficult for you, you are really

sticking with it” promote the development of grit (and a growth mindset). Opting for **feedback that promotes a growth mindset** increases the likelihood that students will take risks in other challenging situations in the future.



4. Teach Strategies to Overcome Frustration:

Life is riddled with frustration. If teachers can arm students with the necessary skills and strategies to reduce the negative affects of frustration, they will be better equipped to face challenges in all areas of their lives. Presenting activities and lessons related to **mindfulness, meditation, and refocusing** will serve to assist students in these areas. When students learn how to recognize

the thoughts and feelings associated with a desire to give up, they can implement strategies to combat them.

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